

Download Excavation Competent Person Pocket Guide

The OSHA standard for trenching and excavation requires protective systems for trenches that are 5 feet or deeper, unless the excavation occurs in stable rock. Types of protective systems include sloping, shoring and shielding. OSHA also requires that a safe means of access or egress – such as ...Cal/OSHA; Cal/OSHA Safety & Health Training and Instruction Requirements. Referenced in Subchapter 4 and 7, Cal/OSHA T8 Regulations (August 2006) The following is a list of the instruction and training requirements contained in the Construction Safety Orders (Subchapter 4) and the General Industry Safety Orders (Subchapter 7) of Title 8, Division 1, Chapter 4 (with several references contained ...Working Safely in Trenches When done safely, trenching operations can reduce worker exposure to cave-ins, falling loads, hazardous atmospheres, andThe references on this page provide information related to trenching and excavation in construction including OSHA's trenching and excavation construction regulations, hazard recognition, possible solutions and general resources. There are twenty-eight OSHA-approved State Plans, operating state-wide ...